

FED. AT SCHOOL

FED. is a supplier to the Ministry of Education Healthy School Lunch programme and the one we've selected to feed our children! All their meals are produced to Ministry of Education nutritional guidelines and with hot and cold options, there's something for all seasons.



ABOUT FED.



FED. has been making freshly prepared heat and eat meals and delivering them to Kiwi homes and schools since 2018.

Since the beginning of 2021 we've been serving up lunches to Kiwi kids in nine schools as part of the Ka Ora Ka Ako programme.

HEART FOUNDATION

FED. is committed to providing healthier meal choices for children and works with the Heart Foundation to develop Fresh Made healthy menus.



HEALTH STAR RATING

All school meals have a health star rating of 4 or more.



HALAL & SPECIAL MENU

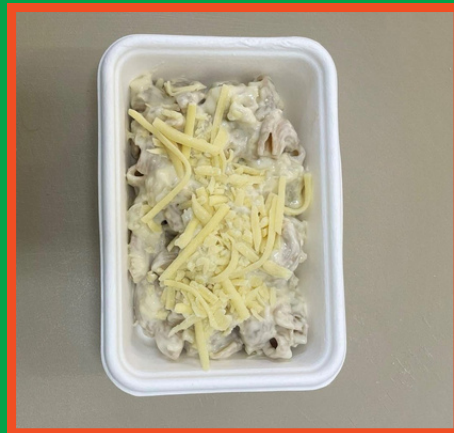


TERM 1 MENU

WEEK 1, 3, 5, 7 & 9



**SPAGHETTI
BOLOGNESE**



**MAC N CHICKEN
BAKE**



**CHICKEN SATAY
ON RICE**



**CHICKEN SANDWICH
& BLUEBERRY MUFFIN**



**CHICKEN POKE
BOWL**

WEEK 2, 4, 6, 8, 10



**MONGOLIAN CHICKEN
ON RICE**



**BEEF MEATBALL
MASSAMAN CURRY**



**BEEF & CANNELLINI
BEAN STEW ON MASH**

IMAGE TO FOLLOW

**EGG & SALAD SANDWICH
PINEAPPLE CRUSH SLICE**



**HAM & SALAD SANDWICH
FRUIT**

SPECIAL MENU

FED. caters to halal, vegan, vegetarian, dairy free and gluten free students, meaning religious and dietary requirements can be catered for.

Dedicated kitchen areas are set aside for production of these meals to ensure there is no cross contamination.

HALAL

Additional dish:
Spaghetti with falafel

DF/GF

FED. will offer dairy free and gluten free versions of the standard menu

VEGAN & VEGETARIAN

- Lentil bolognese
- Macaroni & veg bake
- Tofu satay with mixed rice and veggies
- Pea Protein wrap with apple
- Tofu poke bowl
- Spaghetti with falafel
- Mongolian tofu on rice
- Chickpea massaman curry
- Mixed bean stew with macaroni
- Falafel wrao
- Tofu stir fry with rice

FED. TEAM



BECKIE PILLEY

A love of home economics propelled Beckie Pilley into the world of professional kitchens at the age of 15. Starting her culinary life as an apprentice at La Trattoria in Parnell she then learned her craft in some of Auckland's most notable restaurants including Sourdough Restaurant, Sails, Zarbo and SPQR where she was Head Chef.

Beckie is the exec chef for FED. where she is responsible for menu development, production and quality assurance.



TESS PAKILEATA

Meet Tess our school lunch manager. It's Tess' job to visit our schools South Auckland schools every week to ensure that everything in our lunch service is as it should be.

From checking off orders before they go out for delivery, running quality assurance checks on meals and ensuring bins are emptied regularly, Tess is our right hand woman for making sure your tamariki are well FED.



MAURICIO ROJAS

With a background in health, physical education and teaching, Mauricio is our supervisor for West and East Auckland.

Like Tess, it's his job to ensure meals are delivered in time and to the highest standard.